



TIP:Together It's Possible Meets Interplay®

Anita Bondi and Jean Richardson

April 6, 2018 to April 7, 2018

"InterPlay is something that anybody can do — regardless of size, shape, ability, color, background,

gender, orientation, belief, or nationality. All you need is a little willingness. Expect to laugh, savor and relax. Expect

to be surprised by what you can do!" Using Interplay® we will move, create, and support one another through this fun filled inclusive time designed for families who have members living with any type of disability. All are welcome.

Led by: **Anita Bondi is a** self-proclaimed Breath Missionary, Anita believes that one good collective deep breath would bring world peace. She also has a Ph.D, is founder and co-director of Wellspring Holistic Center, and is the creator of The InterPlay Inspiration Deck. Anita teaches locally and nationally, maintains a private healing practice, and is dedicated to witnessing and affirming people in their personal life journeys.

She believes that breath, art, movement, and connection are as essential as food and water. Anita is an enthusiastic, warm, and engaging leader. She creates a safe and sacred space for all who wish to participate.

Jean Richardson serves as the director of Kirkridge Retreat Center in Bangor, Pennsylvania. An accredited Courage and Renewal® facilitator she has led over 30 programs while at Kirkridge, many as part of a seasonal series. Prior to her move Jean spent 10 years on the staff of Ghost Ranch, a national conference center of the Presbyterian Church U.S.A. located in New Mexico. Loving the outdoors, Jean has worked a variety of professional capacities in retreat settings for the 22 years.

Cost \$250 per family