

Fall 2020 Kirkridge Program Schedule

SEPTEMBER 2020

Monday, September 7th, 3-4pm EDT

Self Care + Social Justice: Intersections at Community Care

Join Delicia Alarcon and Justine Johnson, community activists and advocates in conversation about maintaining self-care, rest, and joy as part of resistance and education work.

Wednesday, September 9th, 11-12:30pm EDT

SERIES Waking Up Our Better Angels with Kay Stewart and Robby Carroll

Together, cultivate our capacity for deep listening and genuine connection. By recognizing the light and dark in our common humanity, participants are encouraged to develop habits of mind and heart that invite what Abraham Lincoln described as “the better angels of our nature” to show up and grow.

Wednesday, September 9th, 4:30-6pm EDT

CoT Breathing into Peace: Ruach, Spiritu, and Conspiracy with Dianne Baker

This retreat will offer intentional time to breathe as an act connection with the Holy (Ruach), as meditation (spiritu), and to breathe together (conspire). Using poetry, journaling and group reflection, we will explore the power of breath, even as we live in a time when breathing is threatened due to COVID-19.

Saturday, September 12th, 10am-12:30pm EDT

Welcoming Home Virtual Gathering

The virtual conference on September 12th “The Welcoming Home: A Place for Families with Gender Diverse Children” featuring Jacob Tobia. This conference will include conversations led by transgender leaders with professional backgrounds in counseling and spiritual care.

Tuesday, September 15th, 12-2:30pm and 3-5pm EDT

SERIES Meeting in the Field with Caroline Fairless and Vicki Metzgar

In this online and on the land retreat, Caroline and Vicki invite you into opportunities for intimacy and vulnerability in ways different from but no less powerful than place-based retreats.

Wednesday, September 16th, 12-2:30pm EDT

SERIES Meeting in the Field with Caroline Fairless and Vicki Metzgar

In this online and on the land retreat, Caroline and Vicki invite you into opportunities for intimacy and vulnerability in ways different from but no less powerful than place-based retreats.

Friday, September 18-Sunday, September 20, various times

Living in to Hope: Gay, Bisexual and Trans Men of Faith virtual retreat

Sessions will include centering prayers, readings and reflections. Music, worship and communion will be celebrated. Conversation and small group gatherings will be offered. And, we will celebrate our faith and our lives through a virtual sharing of arts and talents.

Saturday, September 19th, 12-2:30pm EDT

SERIES Black Women's Radical Self-Love Mini Retreat with Veta Goler

We are living in incredibly challenging times. Some of the people experiencing the greatest challenges are black women. At the same time, the challenges black women are facing mean that tremendous transformation is possible—for us and our world. This requires deep inner work and a supportive community of other black women.

Monday, September 21st, 3-4pm EDT

Mandala Journaling with Donna Bearden

Drawing mandalas can be meditative, intriguing, and/or just plain fun. In this session, Donna Bearden will work with you to create a mandala and invite you into a journaling process using the mandala you created.

Wednesday, September 23rd, 11am-12:30pm EDT

SERIES Waking Up Our Better Angels with Kay Stewart and Robby Carroll

Thursday, September 24th, 5-6:30pm EDT

Circle of Trust®: Moving at the Speed of Guidance with Megan LeBoutillier

When the world was “right side up” it was sometimes difficult to find the time and space to slow down and find a quiet place for reflection. Now that the world is “upside down” or maybe even “spinning” we have plenty of quiet time and space, but confusion surrounds what constitutes guidance and what is merely distraction.

In the past six months we have all been faced with enormous challenges and changes. The world is suddenly not familiar. This brief retreat invites participants to explore how to cultivate a wise heart in the midst of disruption.

Monday, September 28th, 3-4pm EDT

Kirkridge Check-in with Jean and Justine

A discussion about the present realities and future possibilities of Kirkridge Retreat & Study Center.

Tuesday, September 29th, 12-2:30pm EDT

SERIES Meeting in the Field with Caroline Fairless and Vicki Metzgar

In this online and on the land retreat, Caroline and Vicki invite you into opportunities for intimacy and vulnerability in ways different from but no less powerful than place-based retreats.

Wednesday, September 30th, 7-8:30pm EDT (Last Wednesday of Sept-Nov)

Coddiwomple in Story and Song with Diane Petteway and Jim Sims

Come Coddiwomple in the Kirkridge Zoom Room with Kirkridge Board members and musicians Diane Petteway and Jim Sims. We will travel in a purposeful manner, through music and story towards nowhere in particular, seeking laughter and comfort in community.

OCTOBER 2020

Monday, October 5th, 3-4pm EDT

Breathwork and Journaling with Jonetta Moyo

Accept the invitation to explore breathing and journaling as practices to create balance when you are navigating life's emotional highs and lows and seeking harmony within your sacred self. As a Journal Artist and Personal Growth Practitioner and Coach, Jonetta Moyo brings her gifts to the world by handcrafting journals, facilitating experiences and sharing breathing techniques that help others to navigate life's changes and challenges.

Wednesday, October 7th 11am-12:30pm EDT

SERIES Waking Up Our Better Angels with Kay Stewart and Robby Carroll

Wednesday, October 7th 5-6:30pm EDT

Sustaining the Soul that Serves with Marian David

Join us for this mini-retreat which educator and author Marian R. David shares the program she created, to support emerging and seasoned service leaders in renewing and strengthening their inner spiritual foundations and help sustain them in their work for social justice and peace.

Thursday, October 8th, 1-4pm EDT

SERIES Navigating the Pandemic

This Circle of Trust® will help us reflect on this unique time in terms of the ebb and flow of our feelings: the life-giving moments and life-sapping moments and even the moments that got away. In our time together, we'll use writing and the imaginative arts as a tool for exploring our experience of the Covid-19 Pandemic.

Monday, October 12th, 3-4pm EDT

Recognizing Indigenous Peoples Day: Reflection and Action

During our time together, we will learn more about Indigenous Peoples Day, amplify indigenous voices, and learn about what action we can take towards greater equity for indigenous communities.

Wednesday, October 15th, 12-2:30pm EDT

SERIES Meeting in the Field with Caroline Fairless and Vicki Metzgar

In this online and on the land retreat, Caroline and Vicki invite you into opportunities for intimacy and vulnerability in ways different from but no less powerful than place-based retreats.

Saturday, October 17th, 12-2:30pm EDT

SERIES Black Women's Radical Self-Love Mini Retreat with Veta Goler

We are living in incredibly challenging times. Some of the people experiencing the greatest challenges are black women. At the same time, the challenges black women are facing mean that tremendous transformation is possible—for us and our world. This requires deep inner work and a supportive community of other black women.

Wednesday, October 21st, 11am-12:30pm EDT

SERIES Waking Up Our Better Angels with Kay Stewart and Robby Carroll

Wednesday, October 21st, 4:30-6pm EDT

CoT topic TBD with Jean Richardson

Thursday, October 22nd, 1-4pm EDT

SERIES Navigating the Pandemic

This Circle of Trust® will help us reflect on this unique time in terms of the ebb and flow of our feelings: the life-giving moments and life-sapping moments and even the moments that got away. In our time together, we'll use writing and the imaginative arts as a tool for exploring our experience of the Covid-19 Pandemic.

Monday, October 26th, 3-4pm EDT

Kirkridge Check-in with Jean and Justine

A discussion about the present realities and future possibilities of Kirkridge Retreat & Study Center.

Wednesday, October 28th, 7-8:30pm EDT (Last Wednesday of Sept-Nov)

Coddiwomple in Story and Song with Diane Petteway and Jim Sims

Come Coddiwomple in the Kirkridge Zoom Room with Kirkridge Board members and musicians Diane Petteway and Jim Sims. We will travel in a purposeful manner, through music and story towards nowhere in particular, seeking laughter and comfort in community.

Thursday, October 29th, 1-2:30pm EDT

SERIES Navigating the Pandemic

This Circle of Trust® will help us reflect on this unique time in terms of the ebb and flow of our feelings: the life-giving moments and life-sapping moments and even the moments that got away. In our time together, we'll use writing and the imaginative arts as a tool for exploring our experience of the Covid-19 Pandemic.

NOVEMBER 2020

Wednesday, November 4th, 4:30-6pm EDT

CoT: The Courage to Live Divided No More: Seeking Wholeness in a Divided World with Jean Richardson and Sally Hare

Monday, November 9th, 3-4pm EDT

Post-Election Social Justice

Alannah Caisey, PhD candidate at the University of Pittsburgh and Dr. Jean Harris, Political Science Faculty at The University of Scranton discuss social justice post-election through sociological and political lenses.

Monday, November 16th, 3-4pm EDT

Zentangle® with Hilary Smith

The Zentangle® method is an easy to learn, nonrepresentational, meditative drawing form which allows the participant to access the visually creative part of the brain. Using structured patterns that rely on simple shapes, beautiful artwork quickly emerges.

Wednesday, November 18th, 4:30-6pm EDT

CoT topic TBD with Jean Richardson

Saturday, November 27th, 12-2:30pm EDT

SERIES: Black Women's Radical Self-Love Mini Retreat with Veta Goler

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Wednesday, November 25th, 7-8:30pm EDT (Last Wednesday of Sept-Nov)

Coddiwomple in Story and Song with Diane Petteway and Jim Sims

Come Coddiwomple in the Kirkridge Zoom Room with Kirkridge Board members and musicians Diane Petteway and Jim Sims. We will travel in a purposeful manner, through music and story towards nowhere in particular, seeking laughter and comfort in community.

Monday, November 30th, 3-4pm EDT

Kirkridge Check-in with Jean and Justine

A discussion about the present realities and future possibilities of Kirkridge Retreat & Study Center

DECEMBER 2020

Wednesday, December 2nd, 4:30-6pm EDT

CoT topic TBD with Jean Richardson

Monday, December 7th, 3-4pm EDT

TBD: Social Justice

Join us for dialogue of how to live into our social justice values. What does justice look like here and now? We will reflect, share, and learn together. Speakers will be announced shortly.

Zoom Room: 974 228 4689

Wednesday, December 9th, 4:30-6pm EDT
CoT topic TBD with Jean Richardson

Monday, December 14th, 3-4pm EDT
Turning Inward: Preparing for Winter with Micah Fialk-Feldman

Together we will map out a self-care plan for the cold months ahead. Don't live in a cold climate? Still join us as we share resources, activities, and reflections on cultivating restorative habits.

Wednesday, December 16th, 7-8:30pm EDT
Coddiwomple in Story and Song with Diane Petteway and Jim Sims

Come Coddiwomple in the Kirkridge Zoom Room with Kirkridge Board members and musicians Diane Petteway and Jim Sims. We will travel in a purposeful manner, through music and story towards nowhere in particular, seeking laughter and comfort in community.

Saturday, December 19th, 10am-12pm EDT
Columcille + Kirkridge Loving the Land with Justine Johnson and John Drinkard

With the winter solstice upon us (December 21st), we look to what nature can teach us about slowing down, going inward, and staying warm inside and out.

Saturday, December 19th, 12-2:30pm EDT
SERIES: Black Women's Radical Self-Love Mini Retreat with Veta Goler

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Monday, December 21st, 3-4pm EDT
Kirkridge Check-in with Jean and Justine

A discussion about the present realities and future possibilities of Kirkridge Retreat & Study Center. We will wrap up the Fall/Winter 2020 Calendar with this program.

**Schedule is subject to change. Please check back frequently for the most up to date information*