



Finding What You Didn't Lose: A Circle of Trust® for Women at Mid-Life Who Seek to Let their Lives Speak with Integrity and Intention

Sally Z. Hare & Sarah Hescheles

September 24, 2018 to September 26, 2018

You need only claim the events of your life to make them yours. When you truly possess all you have been and done, which may take some time, you are fierce with reality. ~ Florida Scott Maxwell

So you may be wondering, is this for me? Am I at mid-life? Of course, we don't really know the answer to that until we die. If we die at 70, mid-life would have been 35 – and if we die at 110, mid-life happened at 55! But, as you ponder whether this retreat is right for you, think about mid-life not so much as an age – but rather as a stepping stone on the journey of life. If you find yourself in a place where you are thinking about transitions, questioning your life, and struggling to find your voice, then this retreat is for you!

In this retreat the skilled facilitators will help create a quiet, focused, respectful space, in which the noise within us and around us can subside, and we can meet stillness.

Sally Z. Hare, Ph. D., is a teacher and a learner and a student of community. She is president of still learning, inc, and Singleton Distinguished Professor Emerita at Coastal Carolina University. She has worked for two decades with the national Center for Courage & Renewal. She is the story gatherer for the new book, Thin Places: Seeking the Courage to Live in a Divided World. Now at age 70, she loves to echo the words of Gloria Steinem: "I am not passing the torch, thank you very much! I am using my torch to light those of others!"

Sarah Hescheles, S.T.M., M.Div., earned her Master of Sacred Theology from Yale Divinity School and Yale Institute of Sacred Music, her Master of Divinity from Duke University, and her Bachelor of Science in Architecture from University of Michigan – Ann Arbor. At age 42, Sarah's a pilgrim traveling with these questions and a deep hunger to share her gifts with the world. She strives each day to let her life speak with increasing integrity and wholeness.

\$585.00 (includes program, materials, room, and meals.) Limited to 20 participants We do not want the cost to keep anyone away. So, if a partial scholarship would make a difference, please reach out to Sally couragetoteach@sc/rr.com)or Sarah (sarah@restoringwatersconsulting.com).